



# 2010 Lone Star Summer Skate Series

*Skaters who place 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup>  
in two out of the three competitions will earn the  
**"Gold Skate Award"**  
trophy for outstanding accomplishment!*



**3<sup>rd</sup> Annual Space City Open**  
Space City Ice Station  
Friendswood, TX  
Saturday, June 26, 2010  
Contact: Andrew Foland  
andrew@spacecityice.com

**4<sup>th</sup> Annual Ralynn Healy Memorial Open**  
Ice Skate USA at Memorial City Mall  
Houston, TX  
Saturday, July 31, 2010  
Contact: Michelle Worthy  
michelle.molinas@skatememorialcity.com



**2<sup>nd</sup> Annual Arctic Wolf Open**  
Brazos Valley FSC - Arctic Wolf Ice Center  
College Station, TX  
Sunday, September 26, 2010  
Contact: Becky Jobling  
agskatermom@gmail.com

Ice Skate USA

Presents the 4<sup>nd</sup> Annual

Basic Skills and Beyond  
Competition

Saturday, July 31st, 2010



Ralynn Healy Memorial  
Competition  
Ice Skate USA

## ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to all skaters who are current, eligible members of either the Basic Skills program and/or are full members of U.S. Figure Skating. Members of other organizations are eligible to compete but must also be registered with a Basic Skills program/club. Eligibility will be based on skill level as of the closing date of the entries, July 5th, 2010.

All Snow Plow Sam and Basic 1 – 8 level skaters must skate at their highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances. Skaters in Free Skate 1 – 6 events may skate at their highest level passed OR one level higher. Skaters may NOT compete in different levels for compulsory moves and free skating.

For events that are “Beyond the Basics” (Limited Pre-Preliminary, Pre-Preliminary, and Preliminary) the U.S. Figure Skating rulebook #1032 applies (*Basic Skills competitions may include events for skaters who have passed no higher than preliminary free skate, preliminary dance or adult bronze free skate tests without applying for a U.S. Figure Skating sanction...*)

Please note: If a skater competes at a non-qualifying competition in a “Beginner or No Test” category, then that skater must compete at the equivalent or higher level in a Basic Skills approved competition.

**ENTRIES AND FEES** – All entries must be received at Ice Skate USA no later than July 5<sup>th</sup>, 2010. Late entries will be accepted only if time is available, at the discretion of the organizers. Entry fees are per person. The first event is \$30 and each additional event is \$20.

No refunds after closing date of entries unless Ice Skate USA cancels the event. Entry forms must be filled out completely and returned with a check made payable to Ice Skate USA. There will be a \$25.00 fee for returned checks.

**AWARDS** – Everyone who competes will receive a medal. All events will be final rounds. Medals will be awarded to all placements. Awards will be given at the Awards & Photos Table following each event.

**PRACTICE ICE** – Practice ice will be available on Saturday morning, July 31st. Each session will be 30 minutes in length and will cost \$8.00 per session. A maximum number of 25 skaters will be allowed on the ice during any one session.

**MUSIC** – The music for all free skating and artistic programs must be provided on CD-R's by the skater. Please note: CD-RW's (re-recordable) should not be used. CD-R's should be clearly marked with the name of the skater, event entered, and length of music. Competition music is to be turned in at the time of registration.

## BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

- Each skater will have the option to perform one element at a time in a program format, using a limited number of connecting steps OR will perform each element when directed by a judge or referee
- To be skated on 1/2 ice
- No music
- The skating order of the required elements is optional.
- Time: 1:00 maximum.

<p><b><u>Snowplow Sam - Tots:</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 2-6 in a row</li> </ol>	<p><b><u>Basic 5:</u></b></p> <ol style="list-style-type: none"> <li>1. Backward crossovers, Clockwise and counter clockwise, 6-8 consecutive</li> <li>2. One foot spin - minimum of two revolutions</li> <li>3. Hockey stop</li> <li>4. Side Toe hop - either direction</li> </ol>
<p><b><u>Basic 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide followed by a dip</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 6-8 in a row</li> </ol>	<p><b><u>Basic 6:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside three turn - R &amp; L</li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line - R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b><u>Basic 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Forward alternating ½ swizzle pumps, in a straight line -across width of ice</li> <li>3. Two foot turn - forward to backward</li> <li>4. Backward two foot swizzles 6 - 8 in a row</li> <li>5. Moving snowplow stop</li> </ol>	<p><b><u>Basic 7:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump - either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic 3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, Either clockwise or counter clockwise 6 - 8 consecutive</li> <li>3. Moving forward to backward two foot turn - either direction</li> <li>4. Backward one foot glide - either foot</li> <li>5. Two foot spin</li> </ol>	<p><b><u>Basic 8:</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three turns - R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka - either direction</li> <li>4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. One-foot upright spin - optional free foot position</li> </ol>
<p><b><u>Basic 4</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside three turn - R &amp; L</li> <li>2. Forward crossovers, Clockwise and counter clockwise 6-8 consecutive</li> <li>3. Backward stroking</li> <li>4. Backward snowplow stop - R or L</li> </ol>	

# BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

<p><b><u>Snowplow Sam - Tots:</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3-in a row</li> <li>3. Backward wiggles 2-6 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 5:</u></b></p> <ol style="list-style-type: none"> <li>1. Backward crossovers, Clockwise and counter clockwise 6-8 consecutive</li> <li>3. One foot spin - min of two revolutions</li> <li>4. Side Toe hop -either direction</li> <li>5. Hockey stop</li> </ol>
<p><b><u>Basic 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide followed by a dip</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Backward wiggles 6-8 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 6:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside 3-turn - R &amp; L</li> <li>2. Bunny Hop</li> <li>3. Forward arabesque spiral on a straight line R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b><u>Basic 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Two foot turn - forward to backward</li> <li>3. Backward two foot swizzles 6 - 8 in a row</li> <li>4. Forward alternating ½ swizzle pumps, in a straight line across width of ice</li> <li>5. Moving snowplow stop</li> </ol>	<p><b><u>Basic 7:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic 3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive</li> <li>3. Moving forward to backward two foot turn in either direction</li> <li>4. Backward one foot glide - either foot</li> <li>5. Two foot spin</li> </ol>	<p><b><u>Basic 8:</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three turns - R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka in either direction</li> <li>4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. One-foot upright spin – optional free foot position</li> </ol>
<p><b><u>Basic 4</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside 3 turn - R &amp; L</li> <li>2. Forward crossovers, Clockwise and counter clockwise 6-8 consecutive</li> <li>3. Backward stroking</li> <li>4. Backward snowplow stop - R or L</li> </ol>	

# FREE SKATE ELEMENTS EVENT: FREE SKATE 1 – 6

- In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 maximum

<p><b><u>Free skate level 1 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Advanced forward stroking - 4-6 consecutive</li> <li>2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside</li> <li>3. Scratch spin from backward crossovers</li> <li>4. Waltz jump from backward crossovers</li> <li>5. Half flip jump</li> </ol>	<p><b><u>Free skate level 4 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Spiral sequence, FI Spiral, FI Mohawk, BO spiral, clockwise or counter clockwise</li> <li>2. Forward power three turns, 2-3 consecutive - R or L</li> <li>3. Sit spin</li> <li>4. Loop jump</li> <li>5. Waltz jump/loop jump</li> </ol>
<p><b><u>Free skate level 2 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside or inside spiral - R or L</li> <li>2. Waltz Three's - R or L</li> <li>3. Beginning back spin - entry optional</li> <li>4. Waltz jump, side toe hop, waltz jump</li> <li>5. Toe loop jump</li> </ol>	<p><b><u>Free skate level 5 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Spiral sequence, FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral, clockwise or counter clockwise</li> <li>2. Camel spin</li> <li>3. Forward upright spin to back upright spin</li> <li>4. Loop/loop jump</li> <li>5. Flip jump</li> </ol>
<p><b><u>Free skate level 3 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Forward crossovers in a figure 8</li> <li>2. Advanced forward outside swing rolls 4 - 6 consecutive</li> <li>3. Back spin</li> <li>4. Salchow jump</li> <li>5. Waltz jump/toe loop or Salchow/toe loop</li> </ol>	<p><b><u>Free skate level 6 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Five step Mohawk sequence - 1 set alternating pattern</li> <li>2. Camel / sit combination spin - minimum of 4 revolutions total</li> <li>3. Split jump or stag jump</li> <li>4. Waltz jump, ½ loop, Salchow combination</li> <li>5. Lutz jump</li> </ol>

## FREE SKATE PROGRAM EVENT: FREE SKATE 1 – 6

- The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.
- Vocal music is allowed.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30 +/-10 seconds

<p><b>Free Skate 1</b></p> <ol style="list-style-type: none"> <li>1. Advanced Forward stroking. 4-6 strokes</li> <li>2. Forward outside or inside consecutive edges, 2-4</li> <li>3. Scratch spin from back crossovers</li> <li>4. Waltz jump from back crossovers</li> <li>5. Half flip jump</li> </ol>	<p><b>Free Skate 4</b></p> <ol style="list-style-type: none"> <li>1. Spiral sequence: FI spiral, FI Mohawk, BO spiral Clockwise or counter clockwise</li> <li>2. Forward power three turns, 2-3 consecutive R or L</li> <li>3. Sit spin</li> <li>4. Loop jump</li> <li>5. Waltz jump/loop jump</li> </ol>
<p><b>Free Skate 2</b></p> <ol style="list-style-type: none"> <li>1. Forward outside or inside spiral R or L</li> <li>2. Waltz three's R or L</li> <li>3. Beginning back spin – entry optional</li> <li>4. Waltz jump, side toe hop, waltz jump</li> <li>5. Toe loop</li> </ol>	<p><b>Free Skate 5</b></p> <ol style="list-style-type: none"> <li>1. Spiral sequence: FO spiral, FO 3-turn, 1 back crossover Backward inside spiral, clockwise or counter clockwise</li> <li>2. Camel spin</li> <li>3. Forward upright spin to back upright spin</li> <li>4. Loop/loop combination jump</li> <li>5. Flip jump</li> </ol>
<p><b>Free Skate 3</b></p> <ol style="list-style-type: none"> <li>1. Forward crossovers in a figure 8</li> <li>2. Advanced forward outside swing rolls 4-6 consecutive</li> <li>3. Back spin</li> <li>4. Salchow jump</li> <li>5. Waltz jump/toe loop or Salchow/toe loop</li> </ol>	<p><b>Free Skate 6</b></p> <ol style="list-style-type: none"> <li>1. Five step Mohawk sequence, 1 set alternating pattern</li> <li>2. Camel/sit spin combination spin, min of 4 revolutions total</li> <li>3. Split or stag jump</li> <li>4. Waltz jump/1/2 loop /Salchow combination</li> <li>5. Lutz jump</li> </ol>

## BEYOND THE BASICS COMPULSORY EVENTS

In program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Pre- Preliminary Compulsory	<ol style="list-style-type: none"> <li>1. Loop jump</li> <li>2. Jump combination to include a toe loop (may NOT use a loop jump or Axel)</li> <li>3. Sit spin</li> <li>4. Spiral sequence- must include a forward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included.</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	Time: 1:15 maximum
Pre- Preliminary Compulsory	<ol style="list-style-type: none"> <li>1. Flip jump</li> <li>2. Jump combination to include a loop jump (may NOT use a flip jump)</li> <li>3. Camel spin</li> <li>4. Spiral sequence- must include a backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included.</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time: 1:15 maximum
Preliminary Compulsory	<ol style="list-style-type: none"> <li>1. Lutz jump</li> <li>2. Jump combination (may not use Lutz jump)</li> <li>3. Camel or Layback spin</li> <li>4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included.</li> </ol>	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time: 1:15 maximum

# BEYOND THE BASICS FREESKATE EVENTS

## Well-balanced Program Requirements (U.S. Figure Skating rulebook requirements)

<p>Limited Pre- preliminary Free skate</p>	<p>A well balanced program consisting of: Jumps: maximum of 5 jump elements. No axels or double jumps permitted. Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface</p> <p><i>Refer to U.S. Figure Skating rulebook #3721 for more information</i></p>	<p>May <u>not</u> have passed any official U.S. Figure Skating free skate tests.</p>	<p>Time: 1:30+/- 10 seconds</p>
<p>Pre- preliminary Free skate</p>	<p>A well-balanced program consisting of: Jumps: maximum of 5 jump elements. Axels allowed. No double jumps permitted. Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface</p> <p><i>Refer to U.S. Figure Skating rulebook #3711 for more information</i></p>	<p>Must have passed no higher than U.S. Figure Skating Pre-preliminary free skate test</p>	<p>Time: 1:30 +/- 10 seconds</p>
<p>Preliminary Free skate</p>	<p>A well-balanced program consisting of: Jumps: maximum of 5 jump elements, one of which must be an axel or waltz jump-type jump Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ the ice surface</p> <p><i>Refer to U.S. Figure Skating rulebook #3701 for more information</i></p>	<p>Must have passed no higher than U.S. Figure Skating Preliminary free skate test.</p>	<p>Time: 1:30 +/- 10 seconds</p>

# ADULT BASIC SKILLS EVENTS:

## ADULT BASIC SKILLS ELEMENTS EVENTS – ADULT 1 - 4

- Each skater will have the option to perform one element at a time in a program format, using a limited number of connecting steps OR will perform each element when directed by a judge or referee
- To be skated on 1/2 ice
- No music
- Time: 1:15 maximum

<p><b><u>Adult 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Backward wiggles 6-8 consecutive</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Adult 3</u></b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle, clockwise or counter clockwise</li> <li>2. Backward crossovers, clockwise and counter clockwise 6-8 consecutive</li> <li>3. Inside Mohawk – either direction</li> <li>4. Two-foot spin</li> <li>5. Forward progressives, clockwise or counter clockwise 4-6 consecutive</li> </ol>
<p><b><u>Adult 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Backward ½ swizzle pumps on a circle, clockwise or counter clockwise 4-6 consecutive</li> <li>3. Forward to backward two foot turn in either direction</li> <li>4. Forward crossovers, clockwise and counter clockwise 6-8 consecutive</li> <li>5. Forward pivot</li> </ol>	<p><b><u>Adult 4:</u></b></p> <ol style="list-style-type: none"> <li>1. Alternate backward crossovers with two foot transition 2-3 sets (4-6 crossovers)</li> <li>2. Backward chases on a circle, clockwise or counter clockwise 4-6 consecutive</li> <li>3. Two-foot spin</li> <li>4. Forward outside 3 turn - R &amp; L</li> <li>5. Forward spiral or lunge – R or L</li> </ol>

# ADULT BASIC SKILLS PROGRAM EVENT: ADULT 1 - 4

- The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.
- Vocal music is allowed.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:40 seconds maximum

<p><b><u>Adult 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Backward wiggles 6-8 consecutive</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Adult 3</u></b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle, clockwise or counter clockwise</li> <li>2. Backward crossovers, clockwise and counter clockwise 6-8 consecutive</li> <li>3. Inside Mohawk – either direction</li> <li>4. Two-foot spin</li> <li>5. Forward progressives, clockwise or counter clockwise 4-6 consecutive</li> </ol>
<p><b><u>Adult 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Backward ½ swizzle pumps on a circle, clockwise or counter clockwise 4-6 consecutive</li> <li>3. Forward to backward two foot turn in either direction</li> <li>4. Forward crossovers, clockwise and counter clockwise 6-8 consecutive</li> <li>5. Forward pivot</li> </ol>	<p><b><u>Adult 4:</u></b></p> <ol style="list-style-type: none"> <li>1. Alternate backward crossovers with two foot transition 2-3 sets (4-6 crossovers)</li> <li>2. Backward chasses on a circle, clockwise or counter clockwise 4-6 consecutive</li> <li>3. Two-foot spin</li> <li>4. Forward outside 3 turn - R &amp; L</li> <li>5. Forward spiral or lunge – R or L</li> </ol>

# BEYOND THE BASICS – ADULT EVENTS

## ADULT COMPULSORY EVENTS

In program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Adult Pre Bronze	<ol style="list-style-type: none"> <li>1. Waltz jump</li> <li>2. Salchow-Toe loop Jump combination</li> <li>3. One-foot spin</li> <li>4. Spiral sequence- must include a forward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included.</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	Time: 1:15 Maximum
Bronze Compulsory	<ol style="list-style-type: none"> <li>1. Loop jump</li> <li>2. Salchow-Toe loop Jump combination</li> <li>3. Sit <u>or</u> camel spin</li> <li>4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included.</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time: 1:15 Maximum

## ADULT FREESKATE EVENTS

Adult Pre Bronze- *Refer to U.S. Figure Skating rulebook #3805 for more information*

Must have passed no higher than adult pre-bronze free skate test or pre-pre free skate test.  
Time: 1:40 max

Adult Bronze - *Refer to U.S. Figure Skating rulebook #3801 for more information.*

Must have passed no higher than adult bronze free skate test or the preliminary free skate test.  
Time: 1:40 max

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## **ARTISTIC EVENT: SNOW PLOW SAM & BASIC 1 – 8**

Duration: 1 min 40 seconds MAXIMUM

- Theme of skater's choice
- May have music with words
- Judging to emphasize interpretation of music rather than technical skills
- Costumes that complement music

May use hand props or any items that skater can get on and off the ice without assistance.

## **ARTISTIC EVENT: FREE SKATE 1 – 6, ADULT 1 – 4, Limited PrePrel, PrePrelim & Preliminary, Adult Pre-Bronze & Adult Bronze**

Duration: 2 min 10 seconds MAXIMUM

- Theme of skater's choice
- May have music with words
- Judging to emphasize interpretation of music rather than technical skills
- Costumes that complement music

May use hand props or any items that skater can get on and off the ice without assistance.

## **ARTISTIC EVENT: DUET ARTISTIC**

Skaters must enter at the competition level of the higher level skater:

- INTRODUCTORY- Snow Plow Sam thru Basic 3
- LOW- Basic 4 thru 6
- MEDIUM- Basic 7 – 8, Free Skate 1 – 2
- HIGH- Free Skate 3 – 6
- ADVANCED- Limited PrePreliminary, PrePreliminary & Preliminary
- ADULT LOW- Adult 1 – 4
- ADULT HIGH- Adult Pre Bronze & Adult Bronze

Duration: 2 min 10 seconds MAXIMUM

- Theme of skater's choice
- May have music with words
- Judging to emphasize interpretation of music rather than technical skills
- Costumes that complement music

May use hand props or any items that skater can get on and off the ice without assistance

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# Ralynn Healy Memorial Competition Entry Form

## **Competitor Information (please print clearly)**

FIRST NAME: \_\_\_\_\_ LAST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

HOME PHONE #: \_\_\_\_\_ ALT. PHONE #: \_\_\_\_\_

AGE as of July 5th, 2010: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_

CHECK ONE: MALE: \_\_\_\_\_ FEMALE: \_\_\_\_\_

## **Competitor Membership Information - REQUIRED**

HOME CLUB: \_\_\_\_\_ USFS#: \_\_\_\_\_ HIGHEST TEST PASSED: \_\_\_\_\_

If not affiliated with a program, you may join Ice Skate USA LTS Basic Skills program for \$15.00

\_\_\_\_\_ Check here to join Ice Skate USA's LTS Basic Skills Club

## **Coach Information**

COACH'S NAME: \_\_\_\_\_ COACH'S PHONE NUMBER: \_\_\_\_\_

COACH'S E-MAIL ADDRESS: \_\_\_\_\_

### **Basic Skills Levels ELEMENTS no music:**

	Snow Plow Sam		Basic 5		Free Skate 2		Adult 1
	Basic 1		Basic 6		Free Skate 3		Adult 2
	Basic 2		Basic 7		Free Skate 4		Adult 3
	Basic 3		Basic 8		Free Skate 5		Adult 4
	Basic 4		Free Skate 1		Free Skate 6		

### **Basic Skills Levels FREE SKATE program with music:**

	Snow Plow Sam		Basic 5		Free Skate 2		Adult 1
	Basic 1		Basic 6		Free Skate 3		Adult 2
	Basic 2		Basic 7		Free Skate 4		Adult 3
	Basic 3		Basic 8		Free Skate 5		Adult 4
	Basic 4		Free Skate 1		Free Skate 6		

### **Basic Skills Levels ARTISTIC program with music:**

	Snow Plow Sam		Basic 5 & 6		Free Skate 3 & 4		Adult 3 & 4
	Basic 1 & 2		Basic 7 & 8		Free Skate 5 & 6		
	Basic 3 & 4		Free Skate 1 & 2		Adult 1 & 2		

### **Basic Skills Levels & Beyond the Basics SOLO or COUPLE Dance:**

	Dance 1 & 2		Dance 5 & 6		Pre Bronze		
	Dance 3 & 4		Preliminary				

### **Beyond the Basics COMPULSORIES no music:**

	Limited PrePrel.		Preliminary		Adult Bronze		
	PrePreliminary		Adult PreBronze				

### **Beyond the Basics FREE SKATE program with music:**

	Limited PrePrel.		Preliminary		Adult Bronze		
	PrePreliminary		Adult Pre Bronze				

### **Beyond the Basics - ARTISTIC program with music:**

	Limited PrePrel.		Preliminary		Adult Bronze		
	PrePreliminary		Adult PreBronze				

### **DUET ARTISTIC program with music:**

	Intro (SPS - B3)		Med(B7-8,FS1-2)		Adv PrePrel- Prel		AdultHigh(PB-B)
	Low (B4 - B6)		High (FS3 - FS6)		Adult Low (A1-A4)		

## Certification of Competitor

The competitor is eligible to enter the events checked.

## Hold Harmless Agreement

Competitor and parent/guardian assume the risks of skating; competitor and parent/guardian agree that the Ice Skate USA, its employees, and contractors are not responsible for injury to the student or for loss or damage to any personal property.

PARENT/GUARDIAN: \_\_\_\_\_ Date: \_\_\_\_\_

COMPETITOR SIGNATURE: \_\_\_\_\_ Date: \_\_\_\_\_

COACH SIGNATURE: \_\_\_\_\_ Date: \_\_\_\_\_

SKATING DIRECTOR/CLUB OFFICIAL: \_\_\_\_\_ Date: \_\_\_\_\_

## Ralynn Healy Memorial – Practice Ice Form

Practice ice will be available Saturday morning, July 31st. Each session will be 30 minutes in length and will cost \$8.00 per session. A maximum number of 25 skaters will be allowed on the ice during any one session. Skaters may sign up for a maximum of TWO SESSIONS on a first-come, first-served basis. Every effort will be made to play music on a first come first served basis.

\_\_\_\_\_ 1 Session: \$8.00

\_\_\_\_\_ 2 Sessions (\$8 each): \$16.00

No refunds/substitutions for missed practice ice.

## T-Shirt Order Form

T-Shirts are \$25.00 each. Please indicate the number of T-shirts in each size:

\_\_\_\_\_ Youth S      \_\_\_\_\_ Adult S

\_\_\_\_\_ Youth M      \_\_\_\_\_ Adult M

\_\_\_\_\_ Youth L      \_\_\_\_\_ Adult L

\_\_\_\_\_ Adult XL

### ***T-shirt Design:***

*Competition logo on front*

*Competitors' names on back*

*White, short-sleeve t-shirt*

Number of T-shirts \_\_\_ x \$25: \$ \_\_\_\_\_

***T-shirts available by pre-order only.***

## EVENT FEES & TOTALS

\$30 \_\_\_\_\_ for 1<sup>st</sup> Event

\_\_\_\_\_ Additional events (Number of Events x \$20)

\_\_\_\_\_ Practice Ice

\_\_\_\_\_ T-shirt Order

\_\_\_\_\_ TOTAL AMOUNT DUE

Make check or money order payable to **Ice Skate USA:**

Mail to: Ice Skate USA

ATTN: Michelle Worthy

303 Memorial City, Suite 902

Houston, Texas 77024

**Entries must be RECEIVED at Ice Skate USA by Monday, July 5th, 2010.**

**Late entries will be accepted at the discretion of the Competition Director. Late entry fee: \$25**

**Questions?**

**Contact the Competition Director at:**

**Michelle.Molinas@skatememorialcity.com**